

**PARTICIPANTS:** The Center is non-denominational and serves all people aged 60 or older that live within the City of Alexandria.

**NEW PARTICIPANT REGISTRATION:** A short registration process is used to assess a prospective participant's needs and to meet Administrative requirements. Please call 703-751-2766 to make an appointment.

**SENIOR OPPORTUNITIES:** The Center promotes happiness and independence through health and wellness, social, educational, recreational, and cultural opportunities. Referrals are made to other services throughout the community. Nutritious lunches are served daily.

**CENTER LOCATION:** The Center is located at **4650 Taney Avenue, Alexandria**, across the street from the Patrick Henry Elementary School and Rec Center. Take Seminary Road to North Jordan then turn right on Taney Avenue.

**TRANSPORTATION AND MEALS:** The City of Alexandria provides door-to-door bus transportation and daily lunch. Registered participants can make bus or meal reservations by calling 703-751-2766, one day in advance before 11:00 am.

**PARTNERS OF ST. MARTIN DE PORRES SENIOR CENTER:** This senior center is a partnership funded by the City of Alexandria Department of Community and Human Services Division of Aging and Adult Services.

**HELPFUL INFORMATION SOURCES:**

- **City of Alexandria Division of Aging and Adult Services: 703-746-5999**
- Alexandria DOT Transportation: 703-746-4079
- Alexandria Meals-On-Wheels: 703-836-4414 x.110 Marshall Hesper
- Alexandria Senior Taxi: 703-746-5999 x1
- Arlington County Agency on Aging: 703-228-1700
- Fairfax Area Agency on Aging: 703-324-7948
- Legal Services of Northern Virginia: 703-778-6800 Mon-Thurs 9:30-12:30, 1:30-3:30
- Catholic Charities Emergency Assistance: 703-548-4227, 703-548-4881
- **Catholic Charities Diocese of Arlington Senior Services: 703-751-2766**

**ST. MARTIN DE PORRES SENIOR CENTER STAFF:**

Juanita Balenger, Senior Center Program Director

Luis Angel, Senior Center Assistant Director

Maria Mellor, Activities and Food Service Assistant, Volunteer Coordinator

Andrea Portis: Operations Assistant



# ST. MARTIN DE PORRES SENIOR CENTER

**ALL SENIORS WELCOME!**

**Welcome Back!!**

This senior center is a partnership funded by the City of Alexandria Department of Community and Human Services Division of Aging and Adult Services.



## October 2024

4650 Taney Ave. Alexandria, VA 22304

Phone: 703-751-2766

[www.cdda.net/seniorservices/](http://www.cdda.net/seniorservices/)

**CENTER OPEN:** MONDAY – FRIDAY  
8:45 A.M. – 1:30 P.M.

**OFFICE HOURS:** 8:30 A.M. – 4:30 P.M.

# FIELD TRIPS

## **\*\*Reminders\*\***

### Additional Closures:

**Monday October 14 – Columbus Day/Indigenous Peoples Day**

**Wednesday October 23 – CCDA All Staff**

-Bus reservations must be made at least one day in advance by 11 am.



-Lunch reservations must be made at least one day in advance by 11am.

## Happy Birthday!

### October Birthdays!

04 – Alan Jordan

09 – Lucinda Flores

20 – Ruth Clyburn

24 – Albert Simms

25 – Channy Chhang

26 – Catherine Calloway



Our Birthday Party will be on Wednesday, October 30 with DJ Robby G

### Wednesday, October 2: Farmers Market at Sherwood Library

We are going to have a chance to go to a local farmers market where you can support local famers, while getting a chance to get some fresh veggies and handmade food and crafts. This will also give you a chance to use the farmers market coupons if you signed up for it. This is a free trip, but you will need to pay for any shopping you might do. If it is raining and the farmers market is closed, we will go to Prime Thrift Store. Seating on the bus is limited to 24 seats, open on a first come first serve basis. Bus pick up begins at 8:30am and we will be leaving the center at 9:30. Last day to sign up is October 1st at 11:30am. Please sign up with Maria **in person while she is in her office to reserve your spot.**

### Thursday, October 31: Masquerade Party

We will be getting together with the other senior centers for a day of dancing and fun at the Halloween Masquerade party. For those who would like to dress up for the party can come in costume, but it is not necessary for participating in the fun. If you are able to drive yourself, or get a ride on your own to the party, please still come and RSVP so you can get a lunch. Seating on the bus is limited to 24 seats, open on a first come first serve basis. Bus pick up begins at 8:30am and we will be leaving the center at 9:30. Last day to sign up is October 29th at 11:30am. Please sign up with Maria **in person while she is in her office to reserve your spot.**